

WHAT IS CLAIMED IS:

1. A martial arts equipment comprising an equipment body
that is worn by a participant during match or during practice of a
5 martial arts activity in which one participant inflicts a blow on
another participant's body, and is filled with an impact-reducing
material at places where an impact involved in the blow is
delivered; wherein

the impact-reducing material includes a high impact
10 absorptivity high density foam material having an excellent impact
absorbing performance in a layer form.

2. The martial arts equipment as claimed in claim 1,
wherein the impact-reducing material has a layer structure
15 consisting of a high elastic foam material on a face (impact first
delivered face) where the impact involved in the blow is first
delivered, and the high impact absorptivity high density foam
material on a back face side thereof.

20 3. The martial arts equipment as claimed in claim 1,
wherein the impact-reducing material has a layer structure
consisting of the high impact absorptivity high density foam
material on a face (impact first delivered face) where the impact
involved in the blow is first delivered, and a high elastic foam
25 material on a back face side thereof.

4. The martial arts equipment as claimed in claim 1,
wherein the high impact absorptivity high density foam material
has an impact absorbing performance of ball rebound elasticity of
5 15% or below under a condition that a ball weigh is 286g and a
height of fall is 50.8cm.

5. The martial arts equipment as claimed in claim 1,
wherein the martial arts equipment is a headgear including a gear
10 body, serving as the equipment body, placed on and worn by the
head of a participant, and wherein

an opening for exposing an eye part of the wearer is formed
on a front face of the gear body, and the front face as well as sides
of the gear body are filled with the impact-reducing material.

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6. The martial arts equipment as claimed in claim 5,
wherein the impact-reducing material includes a thin rigid material
placed between the high impact absorptivity high density foam
material and the high elastic foam material at around the opening
20 of the gear body.

7. The martial arts equipment as claimed in claim 1,
wherein the martial arts equipment is a punch mitt including a
mitt body, serving as the equipment body, fitted to and worn by
25 the hand of a trainer performing as the opposing participant,

wherein

a front side of the mitt body acts as an impact receiving side, and a back side of the mitt body is provided with a glove portion to which the trainer puts the hand into; and

5 **substantially the entire mitt body is filled with the impact-reducing material.**

8. **The martial arts equipment as claimed in claim 1, wherein the martial arts equipment is a glove including a glove body, serving as the equipment body, fitted to and worn by the hand of the participant, wherein**

an overall shape of the glove body is formed into a glove shape that fits the hand of the participant; and

10 **a side in the glove body of the back of the hand is filled with the impact-reducing material.**